

LONG COURSE		Women 10 & Under	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:35.54	00:42.41	50 Free	00:34.76	00:41.63
01:17.55	01:32.52	100 Free	01:15.98	01:30.95
02:48.15	03:20.62	200 Free	02:45.01	03:05.89
05:54.33	06:42.78	400 Free	05:48.06	06:34.88
00:40.71	00:48.41	50 Back	00:40.13	00:47.83
01:27.31	01:43.83	100 Back	01:26.15	01:42.66
03:09.77	03:41.82	200 Back	03:07.42	03:30.49
00:45.01	00:53.52	50 Breast	00:44.04	00:52.55
01:38.33	01:56.92	100 Breast	01:36.39	01:54.98
03:33.05	04:09.04	200 Breast	03:29.13	03:52.64
00:37.59	00:44.70	50 Fly	00:36.91	00:44.02
01:25.14	01:41.24	100 Fly	01:22.92	01:38.85
03:10.16	03:34.74	200 IM	03:07.05	03:31.63

LONG COURSE		Women 11-11	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:35.54	00:39.95	50 Free	00:34.76	00:40.21
01:17.55	01:32.22	100 Free	01:15.98	01:30.68
02:48.15	03:18.70	200 Free	02:45.01	03:05.89
05:54.33	06:42.78	400 Free	05:48.06	06:32.42
12:08.63		800 Free	11:47.05	
23:06.38		1500 Free	22:25.32	
00:40.71	00:47.80	50 Back	00:40.13	00:47.21
01:27.31	01:43.35	100 Back	01:25.53	01:42.21
03:09.77	03:39.61	200 Back	03:07.42	03:30.49
00:45.01	00:53.79	50 Breast	00:44.04	00:51.87
01:38.33	01:56.16	100 Breast	01:36.39	01:54.35
03:33.05	04:06.42	200 Breast	03:29.13	03:55.04
00:37.59	00:44.13	50 Fly	00:36.91	00:43.46
01:25.14	01:40.81	100 Fly	01:23.77	01:39.66
03:03.49		200 Fly	02:59.89	
03:10.16	03:34.74	200 IM	03:07.05	03:31.63
06:49.03		400 IM	06:36.92	

LONG COURSE		Women 12-12	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:34.04	00:37.99	50 Free	00:33.26	00:36.75
01:13.80	01:22.89	100 Free	01:12.24	01:21.17
02:40.03	02:59.74	200 Free	02:36.90	03:04.21
05:37.22	06:29.41	400 Free	05:30.95	06:17.19
11:33.52		800 Free	11:12.98	
22:19.16		1500 Free	21:39.51	
00:38.79	00:43.47	50 Back	00:38.21	00:42.34
01:23.19	01:33.22	100 Back	01:22.02	01:31.74
03:00.79	03:18.74	200 Back	02:58.44	03:28.45
00:42.87	00:48.04	50 Breast	00:41.90	00:46.46
01:33.67	01:44.96	100 Breast	01:31.73	01:42.55
03:20.90	03:40.84	200 Breast	03:17.02	03:50.26
00:35.80	00:40.12	50 Fly	00:35.12	00:38.95
01:21.11	01:30.89	100 Fly	01:19.74	01:29.26
02:54.76		200 Fly	03:18.86	
03:01.10	03:34.74	200 IM	02:57.99	03:28.60
06:29.52		400 IM	06:29.68	

LONG COURSE		Women 13-13	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:34.04	00:36.28	50 Free	00:33.26	00:36.75
01:13.80	01:22.78	100 Free	01:12.24	01:21.17
02:40.03	02:58.15	200 Free	02:36.90	03:04.21
05:37.22	06:24.74	400 Free	05:30.95	06:17.20
11:33.52		800 Free	11:12.98	
22:19.16		1500 Free	21:39.51	
00:38.79	00:42.91	50 Back	00:38.21	00:42.34
01:23.19	01:32.90	100 Back	01:22.02	01:31.75
03:00.79	03:16.87	200 Back	02:58.44	3"28,46
00:42.87	00:48.39	50 Breast	00:41.90	00:46.46
01:33.67	01:44.47	100 Breast	01:31.73	01:42.56
03:22.97	03:40.89	200 Breast	03:19.05	03:52.64
00:35.80	00:39.61	50 Fly	00:35.12	00:38.95
01:21.11	01:30.62	100 Fly	01:19.74	01:29.27
02:54.76		200 Fly	03:18.86	
03:01.10	03:32.62	200 IM	02:57.99	03:19.92
06:29.52		400 IM	06:17.99	

LONG COURSE		Women 14-14	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:31.13	00:34.80	50 Free	00:30.35	00:33.79
01:07.91	01:15.94	100 Free	01:06.35	01:14.37
02:27.27	02:44.67	200 Free	02:24.14	02:40.20
05:10.34	05:48.51	400 Free	05:04.06	05:37.69
10:38.00		800 Free	10:19.10	
20:13.93		1500 Free	19:37.98	
00:35.76	00:39.89	50 Back	00:35.18	38:48.00
01:16.70	01:25.54	100 Back	01:15.53	01:24.19
02:46.69	03:05.93	200 Back	02:44.34	03:01.92
00:39.54	00:44.10	50 Breast	00:38.57	00:42.56
01:26.37	01:36.33	100 Breast	01:24.78	01:34.04
03:05.14	03:28.73	200 Breast	03:03.22	03:24.81
00:33.01	00:36.82	50 Fly	00:32.33	00:35.69
01:14.78	01:23.41	100 Fly	01:13.41	01:21.88
02:41.17		200 Fly	02:38.00	
02:46.87	03:07.57	200 IM	02:43.77	03:02.70
06:04.21		400 IM	05:48.22	

LONG COURSE		Women 15-15	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:31.13	00:33.58	50 Free	00:30.35	00:33.79
01:07.91	01:15.88	100 Free	01:06.35	01:14.34
02:27.27	02:43.31	200 Free	02:24.14	02:40.21
05:10.34	05:44.42	400 Free	05:04.06	05:37.69
10:38.00		800 Free	10:19.10	
20:13.93		1500 Free	19:37.98	
00:35.76	00:40.35	50 Back	00:35.18	38:48.00
01:16.70	01:25.34	100 Back	01:15.53	01:24.19
02:46.69	03:04.25	200 Back	02:44.34	03:01.93
00:39.54	00:44.50	50 Breast	00:38.57	00:42.57
01:26.37	01:35.96	100 Breast	01:24.78	01:34.05
03:07.14	03:26.71	200 Breast	03:03.22	03:22.85
00:33.01	00:36.37	50 Fly	00:32.33	00:35.70
01:14.78	01:23.24	100 Fly	01:12.66	01:21.05
02:41.17		200 Fly	02:38.00	
02:46.87	03:05.85	200 IM	02:43.77	03:02.70
06:04.21		400 IM	05:48.22	

LONG COURSE		Women 16-16	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:30.15	00:33.58	50 Free	00:29.37	00:33.79
01:05.78	01:13.26	100 Free	01:04.21	01:11.70
02:22.64	02:38.87	200 Free	02:19.50	02:35.73
05:00.57	05:36.04	400 Free	04:54.29	05:29.46
10:18.00		800 Free	09:59.70	
19:35.88		1500 Free	19:01.06	
00:34.66	00:38.51	50 Back	00:34.08	00:37.93
01:14.33	01:22.60	100 Back	01:13.17	01:21.43
02:41.56	02:59.52	200 Back	02:39.21	02:57.16
00:38.31	00:42.57	50 Breast	00:37.35	00:41.60
01:23.71	01:33.01	100 Breast	01:21.77	01:31.07
03:01.38	03:21.54	200 Breast	02:57.46	03:17.62
00:32.00	00:35.55	50 Fly	00:31.32	00:34.87
01:12.48	01:20.54	100 Fly	01:11.11	01:19.16
02:36.18		200 Fly	02:33.11	
02:41.70	03:01.10	200 IM	02:38.60	02:57.99
05:47.71		400 IM	05:37.41	

LONG COURSE		Women 17 & Over	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:30.15	00:33.58	50 Free	00:29.37	00:31.85
01:05.78	01:13.26	100 Free	01:04.21	01:11.70
02:22.64	02:38.87	200 Free	02:19.50	02:35.73
05:00.57	05:36.04	400 Free	04:54.29	05:29.46
10:18.00		800 Free	09:59.70	
19:35.88		1500 Free	19:01.06	
00:34.66	00:38.51	50 Back	00:34.08	00:37.93
01:14.33	01:22.60	100 Back	01:13.17	01:21.43
02:41.56	02:59.52	200 Back	02:39.21	02:57.16
00:38.31	00:42.57	50 Breast	00:37.35	00:41.60
01:23.71	01:33.01	100 Breast	01:21.77	01:31.07
03:01.38	03:21.54	200 Breast	02:57.46	03:17.62
00:32.00	00:35.55	50 Fly	00:31.32	00:34.87
01:12.48	01:20.54	100 Fly	01:11.11	01:19.16
02:36.18		200 Fly	02:33.11	
02:41.70	03:02.97	200 IM	02:40.23	02:59.83
05:47.71		400 IM	05:37.41	

LONG COURSE		Men 10 & Under	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:34.95	00:40.75	50 Free	00:34.26	00:39.97
01:17.98	01:30.90	100 Free	01:16.41	01:29.34
02:52.23	03:10.20	200 Free	02:49.09	03:01.78
06:05.67	06:50.51	400 Free	05:46.63	06:42.47
00:40.48	00:47.06	50 Back	00:39.90	00:46.48
01:27.59	01:41.84	100 Back	01:26.43	01:40.68
03:12.74	03:32.47	200 Back	03:06.46	03:24.32
00:44.33	00:51.54	50 Breast	00:43.36	00:50.57
01:37.09	01:53.80	100 Breast	01:35.15	01:51.86
03:34.31	03:49.81	200 Breast	03:28.43	03:45.89
00:37.89	00:44.05	50 Fly	00:37.21	00:43.37
01:24.17	01:39.03	100 Fly	01:22.82	01:37.66
03:12.33	03:27.48	200 IM	03:06.32	03:24.38

LONG COURSE		Men 11-11	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:34.95	00:40.24	50 Free	00:34.26	00:39.47
01:17.98	01:29.56	100 Free	01:16.41	01:29.08
02:52.23	03:08.45	200 Free	02:49.09	03:01.78
06:05.67	06:45.51	400 Free	05:46.63	06:37.59
12:31.43		800 Free	12:09.19	
24:07.67		1500 Free	23:24.79	
00:40.48	00:46.45	50 Back	00:39.90	00:45.88
01:27.59	01:41.40	100 Back	01:26.43	01:40.25
03:12.74	03:30.41	200 Back	03:06.46	03:24.32
00:44.33	00:50.86	50 Breast	00:43.36	00:49.91
01:37.09	01:53.18	100 Breast	01:35.15	01:51.27
03:34.31	03:47.48	200 Breast	03:28.43	03:45.89
00:37.89	00:43.49	50 Fly	00:37.21	00:42.82
01:25.17	01:38.64	100 Fly	01:22.82	01:37.28
03:08.81		200 Fly	03:05.11	
03:12.33	03:27.48	200 IM	03:06.32	03:24.38
06:51.67		400 IM	06:43.36	

LONG COURSE		Men 12-12	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:31.95	00:34.75	50 Free	00:31.18	00:33.55
01:11.29	01:17.51	100 Free	01:09.72	01:15.88
02:37.44	02:40.89	200 Free	02:34.30	02:36.42
05:34.27	05:47.52	400 Free	05:28.00	05:40.71
11:27.23		800 Free	11:06.88	
22:03.96		1500 Free	21:24.76	
00:37.06	00:40.24	50 Back	00:36.05	00:39.15
01:20.20	01:27.07	100 Back	01:19.04	01:25.90
02:56.48	03:10.89	200 Back	02:54.13	03:06.82
00:40.59	00:44.06	50 Breast	00:39.62	00:42.52
01:29.63	01:37.29	100 Breast	01:27.69	01:35.00
03:16.24	03:28.84	200 Breast	03:12.32	03:22.96
00:34.70	00:37.66	50 Fly	00:34.02	00:36.52
01:17.99	01:24.66	100 Fly	01:16.62	01:23.12
02:52.85		200 Fly	02:49.47	
02:56.01	03:12.33	200 IM	02:52.90	03:07.48
06:20.86		400 IM	06:09.58	

LONG COURSE		Men 13-13	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:31.95	00:34.32	50 Free	00:31.18	00:33.55
01:11.29	01:17.41	100 Free	01:09.72	01:15.88
02:37.44	02:39.55	200 Free	02:34.30	02:36.42
05:34.27	05:44.66	400 Free	05:28.00	05:37.89
11:27.23		800 Free	11:06.88	
22:03.96		1500 Free	21:24.76	
00:37.06	00:39.73	50 Back	00:36.05	00:39.16
01:20.20	01:26.83	100 Back	01:19.04	01:25.90
02:54.48	03:09.14	200 Back	02:54.13	03:06.83
00:40.59	00:41.13	50 Breast	00:39.62	00:42.53
01:29.63	01:37.01	100 Breast	01:27.69	01:35.00
03:16.24	03:25.84	200 Breast	03:12.32	03:22.96
00:34.70	00:37.19	50 Fly	00:34.02	00:36.52
01:17.99	01:23.48	100 Fly	01:16.62	01:23.12
02:52.85		200 Fly	02:49.47	
02:56.01	03:10.55	200 IM	02:52.90	03:07.49
06:20.86		400 IM	06:09.58	

LONG COURSE		Men 14-14	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:28.52	00:30.46	50 Free	00:27.74	00:29.33
01:03.63	01:07.93	100 Free	01:02.06	01:05.47
02:20.53	02:30.04	200 Free	02:17.40	02:25.79
04:58.37	05:23.97	400 Free	04:52.10	05:17.62
10:13.33		800 Free	09:55.17	
19:41.61		1500 Free	19:06.62	
00:33.16	00:35.36	50 Back	00:32.58	00:34.35
01:11.76	01:16.51	100 Back	01:10.60	01:15.29
02:37.91	02:48.36	200 Back	02:35.56	02:44.63
00:36.32	00:38.72	50 Breast	00:35.35	00:37.26
01:20.19	01:25.51	100 Breast	01:18.25	01:23.39
02:55.58	03:07.20	200 Breast	02:51.66	03:01.64
31:02.40	00:33.10	50 Fly	00:30.36	00:32.03
01:09.78	01:14.40	100 Fly	01:08.40	01:13.03
03:32.87		200 Fly	02:31.63	
02:37.35	02:49.02	200 IM	02:34.25	02:44.52
05:40.05		400 IM	05:29.98	

LONG COURSE		Men 15-15	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:28.52	00:30.10	50 Free	00:27.74	00:29.33
01:03.63	01:07.02	100 Free	01:02.06	01:05.47
02:20.53	02:28.89	200 Free	02:17.40	02:25.79
04:58.37	05:20.24	400 Free	04:52.10	05:13.98
10:13.33		800 Free	09:55.17	
19:41.61		1500 Free	19:06.62	
00:33.16	34:55.20	50 Back	00:32.58	00:34.35
01:11.76	01:16.44	100 Back	01:10.60	01:15.29
02:37.91	02:46.94	200 Back	02:35.56	02:44.63
00:36.32	00:38.24	50 Breast	00:35.35	00:37.27
01:20.19	01:25.30	100 Breast	01:18.25	01:23.39
02:55.58	03:05.50	200 Breast	02:51.66	03:01.64
31:02.40	00:32.70	50 Fly	00:30.36	00:32.03
01:09.78	01:14.37	100 Fly	01:08.40	01:12.02
03:32.87		200 Fly	02:31.63	,
02:37.35	02:47.58	200 IM	02:34.25	02:44.52
05:40.05		400 IM	05:29.98	

LONG COURSE		Men 16-16	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:27.24	00:29.38	50 Free	00:26.46	00:28.61
01:00.76	01:05.54	100 Free	00:59.19	01:03.97
02:14.19	02:26.87	200 Free	02:11.06	02:23.74
04:44.91	05:16.96	400 Free	04:38.63	05:10.75
09:45.66		800 Free	09:28.31	
18:48.29		1500 Free	18:14.88	
00:31.70	00:33.65	50 Back	00:31.12	00:33.07
01:08.60	01:13.88	100 Back	01:07.43	01:12.71
02:30.94	02:42.55	200 Back	02:28.59	02:40.20
00:34.72	00:36.85	50 Breast	00:33.75	00:35.88
01:16.65	01:22.56	100 Breast	01:14.71	01:20.62
02:48.36	03:00.75	200 Breast	02:44.44	02:56.83
00:29.67	00:31.50	50 Fly	00:28.99	00:30.82
01:06.70	01:11.83	100 Fly	01:05.33	01:10.46
02:27.79		200 Fly	02:24.89	
02:30.36	02:43.19	200 IM	02:27.26	02:40.09
05:25.13		400 IM	05:15.50	

LONG COURSE		Men 17 & Over	SHORT COURSE	
WCA - A	WCA - B		WCA - A	WCA - B
00:27.24	00:29.38	50 Free	00:26.46	00:28.61
01:00.76	01:05.54	100 Free	00:59.19	01:03.97
02:14.19	02:26.87	200 Free	02:11.06	02:23.74
04:44.91	05:16.96	400 Free	04:38.63	05:10.75
09:45.66		800 Free	09:28.31	
18:48.29		1500 Free	18:14.88	
00:31.70	00:33.65	50 Back	00:31.12	00:33.07
01:08.60	01:13.88	100 Back	01:07.43	01:12.71
02:30.94	02:42.55	200 Back	02:28.59	02:40.20
00:34.72	00:36.85	50 Breast	00:33.75	00:35.88
01:16.65	01:22.56	100 Breast	01:14.71	01:20.62
02:48.36	03:00.75	200 Breast	02:44.44	02:56.83
00:29.67	00:31.50	50 Fly	00:28.99	00:30.82
01:06.70	01:11.83	100 Fly	01:05.33	01:10.46
02:27.79		200 Fly	02:24.89	
02:30.36	02:43.19	200 IM	02:27.26	02:40.09
05:25.13		400 IM	05:15.50	